

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Heathesh Bhandari**

Has successfully participated & completed the

**8km Shift Wellness - Trail Run, The Shift Series**

held at Walter Sisulu Garden.

**TIME 01:07:25**

**PACE 08:24/km**

**OVERALL 22 of 166**

**GENDER 18 of 78**

**40 - 49 4 of 21**

23 June 2019, Sun

Date



*BoutTime*

Signature

